

*parks, recreation & community services*

# RECREATION GUIDE



SPRING/SUMMER 2014





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The mission of the **PARKS, RECREATION** and **COMMUNITY SERVICES** department is to provide exceptional recreational experiences for the Reno community through programs, facilities and events that focus on safety, wellness, social and cultural benefits, which are sustainable, enhance the quality of life and promote economic vitality.





# CONTACT US



**FOR RECREATION INFORMATION: 334-2262**

**FOR CITY WIDE INFORMATION: 334-4636**

**AFTER-HOURS EMERGENCIES: 352-4249**

**SIGN UP FOR THE E-NEWSLETTER: RENO.GOV**

**E-MAIL: RENODIRECT@RENO.GOV**

**SOCIAL MEDIA: @CITYOFRENO**

**HASHTAGS: #RENO, #BIGGESTLITTLECITY, #THINKRENO**

\*All phone numbers in this guide are local. If you are calling from an outside area, dial area code 775.

## PARKS, RECREATION AND COMMUNITY SERVICES (PRCS)

Facility	Address	Phone	Fax
<b>Evelyn Mount Northeast Community Center (EMNECC)</b> ☞	1301 Valley Road	334-2262	321-8338
<b>City Hall PRCS Administration</b> ☞	1 E. First street, 11 <sup>th</sup> floor	334-2260	334-2449
<b>McKinley Arts and Culture Center (MAC)</b> ☞	925 Riverside Drive	334-2417	334-2598
<b>Teglia's Paradise Park Activity Center (TPPAC)</b>	2745 Elementary Drive	356-3176	356-3180
<b>Neil Road Recreation Center (NRRC)</b> ☞	3925 Neil Road	689-8484	689-8487
<b>Parks Maintenance</b>	2055 Idlewild Drive	334-2270	334-2471
<b>Urban Forestry</b>	2055 Idlewild Drive	321-8371	334-2471
<b>Special Events Office/Park Rentals</b>	925 Riverside Drive	334-2414	334-2598
<b>Rosewood Lakes Golf Course</b>	6800 Pembroke Drive	857-2892	857-4488
<b>Reno Tennis Center</b>	1901 Plumas Street	689-2975	-
<b>Northwest Pool</b>	2925 Apollo Way	334-2203	-
<b>Idlewild Pool</b>	1805 Idlewild Drive	334-2267	-
<b>Traner Pool</b>	1600 Carville Drive	334-2269	-
<b>Plumas Gym</b>	475 Monroe Street	334-2262	-
<b>Athletic League Rain-out Hotline</b>		334-6268	-

☞ = Key Registration Sites. Contact us for drop-in programs and schedules.

All class schedules, facility hours and instructors are subject to change and/or cancellation.



### HOLIDAYS - CENTERS AND OFFICES CLOSED

<b>Memorial Day</b>	Monday, May 26	<b>Independence Day</b>	Friday, July 4
<b>Labor Day</b>	Monday, September 1	<b>Nevada Day</b>	Friday, October 31
<b>Veterans Day</b>	Tuesday, November 11	<b>Thanksgiving Day</b>	Thursday, November 27


# REGISTRATION/SCHEDULES



## REGISTER IN PERSON, BY PHONE, FAX OR ONLINE

334-2262, [Reno.gov](http://Reno.gov)

Things to know:

- A *Household Account Form* is required
- Sierra Kids and youth camps require a *Participant Information Form*
- Call or visit a  site listed or for online service, visit [Reno.gov/parksandrec](http://Reno.gov/parksandrec).
- Registration/payment is required in advance, prior to use of programs, services or facilities. Registration/payment is taken up until the registration deadlines or when a program is full. Call for more information or download the rules and forms from [Reno.gov](http://Reno.gov). Requests for refunds, transfers or credits must be received on the written form by the criteria deadlines. Call for more information or download the rules and form from [Reno.gov](http://Reno.gov).
- Some programs have a registration deadline and many fill to capacity. *It is advised to register early to ensure your space.* Fees are subject to City Council approval and can change. Please call 334-2262 for more information or questions.



## SCHOLARSHIPS

334-2262

The City of Reno is committed to providing recreational opportunities to all residents regardless of economic circumstances. For this reason, a limited fund scholarship program is available to those who qualify. If you want to participate in any of our programs, we encourage you to apply. Information is kept strictly confidential. Call for additional information.



## FACILITY HOURS OF OPERATION

**Reno City Hall** - 1 E. First street, 11th floor

Monday - Friday 8:00am - 5:00pm

**Parks Maintenance Office** - 2055 Idlewild Drive

Monday - Friday 7:00am - 4:00pm

**Reno West street Market** - 148 West Street

Monday - Sunday 10:00am - 11:00pm

**Evelyn Mount Northeast Community Center** -  
1301 Valley Road

Monday - Thursday 7:00am - 9:00pm

Friday 7:00am - 8:00pm

Saturday & Sunday 9:00am - 3:00pm

**Evelyn Mount Northeast Community Center: Pool** -  
1301 Valley Road

Monday 7:00am - 7:30pm

Tuesday 7:00am - 8:30pm

Wednesday 7:00am - 7:30pm

Thursday 7:00am - 8:30pm

Friday 7:00am - 6:00pm

Saturday 8:00am - 2:30pm

Sunday available for events/rentals

**Neil Road Recreation Center** - 3925 Neil Road

Monday - Friday 9:00am - 10:00pm

Saturday - Sunday available for events/rentals

**Northwest Pool** - 2925 Apollo Way

Monday, Wednesday & Friday 7:00am - 8:00pm

Tuesday & Thursday 7:00am - 9:00pm

Saturday available for events/rentals

Sunday 12:00pm - 4:00pm

**Teglia's Paradise Park Activity Center** -  
2745 Elementary Drive

Monday - Friday 8:00am - 4:00pm

Saturday - Sunday available for events/rentals

**Rosewood Lakes Golf Course** - 6800 Pembroke Drive

Seven days a week  
March - November 7:30am - 5:00pm

**McKinley Arts & Culture Center** - 925 Riverside Drive

Monday - Friday 9am - 4pm



# ACTIVITIES



## JUJITSU

**EMNECC - 1301 Valley Road**  
334-2262

DanZan Ryu Jujitsu is an internationally recognized system of the Hawaiian jujitsu and teaches self-defense that is effective on the streets and competitive on the mat or in the cage. While developing students' character and ethical principals, students practice techniques, but also the belief in Kokua (helping spirit) and Ohana (family spirit).

### Adults - \$60 Per Month

Tuesday & Thursday 7:00pm - 8:45pm

Saturday 10:00am - 11:00am

### Ages 5 - 13 - \$50 Per Month

Tuesday & Thursday 6:00pm - 7:00pm



## PARADISE PARK COMMUNITY GARDEN

**Teglia's Paradise Park - 2745 Elementary Drive**  
657-4602

Forty-four individual ground plots, six raised beds and two large community garden spaces for use.

\$10 for one spot - \$15 for two spots  
Returning gardeners can reserve the same spots



## OUTDOOR ACTIVITIES

**Wingfield Whitewater Park - 2 S. Arlington Ave.**  
334-2414

The Whitewater Park features five drop pools over 1,400 feet in the north channel and six pools over 1,200 feet in the south channel. Kayak, raft and tube rentals are available by local concessionaires. As with all river systems, safety precautions should be exercised (i.e. use of personal flotation devices). There is no lifeguard on duty. Call for more information.



## DOG OBEDIENCE

**dogmanguy.com**  
265-4530

Instructor Guy Yeaman uses his 45+ years of experience to help you teach your dog all the basic obedience commands: heel, sit, stand, stay, recall, etc. Each dog will need a training collar (choke chain, Halti, Martingale, harness, etc.) and a four-foot to six-foot fabric or leather leash. Dogs must be current on all shots including rabies. Written proof must be shown at the start of class. Results are guaranteed.

### \$80 Per Session

**Comstock Park - 1650 Carat Boulevard**  
10:00am - 11:00am/9:00am - 10:00am (June-Sept.)

or

**McKinley Arts and Culture Center - 925 Riverside Drive**  
1:00pm - 2:00pm

March 8 - April 12

April 19 - May 24



## THREAD TO FABRIC

**EMNECC - 1301 Valley Road**  
334-2262

This class is an introductory course in basic machine sewing. The class will take the student from learning the components of a sewing machine, setting up a sewing machine and its maintenance, to creating a garment from thread to fabric.

### 6 Week Course - \$150

Saturday

9:00am - 11:00am







let's turn this  
CHATTER INTO CHANGE.

SHARE YOUR IDEAS AND HELP US BUILD A BETTER RENO AT  
**RENO.GOV/COMMUNITY**





# ATHLETICS

The City of Reno offers dozens of leagues and sports activities. To register for one of these leagues, download a sport-specific registration form from **Reno.gov** and submit it according to the instructions therein. To receive a registration form without the use of the internet, call the Athletics Office at 334-2262.



## VOLLEYBALL

**Plumas Gym - 475 Monroe Street**

REGISTRATION	LEAGUE BEGINS	TEAM FEE
<b>Summer Non-Spiking</b>		
March 10 - April 21	5/14	\$160
<b>Summer Weeknight Spiking</b>		
March 24 - April 21	5/15	\$160
<b>Summer Sunday Spiking</b>		
May 12 - June 16	6/29	\$160
<b>Fall Non-Spiking</b>		
July 14 - August 25	9/8	\$160
<b>Fall Weeknight Spiking</b>		
July 14 - August 25	9/9	\$160
<b>Fall Sunday Spiking</b>		
August 5 - September 15	9/28	\$160



## KICKBALL

**Reno Sports Complex - 2975 North Virginia Street**

REGISTRATION	LEAGUE BEGINS	TEAM FEE
May 12 - June 23	7/21	\$360



## SOFTBALL

**Reno Sports Complex - 2975 North Virginia Street**  
**Idlewild Park - 1900 Idlewild Drive**

REGISTRATION	LEAGUE BEGINS	TEAM FEE
<b>Mens - Monday - Thursday</b>		
May 12 - June 23	7/21	\$535
<b>Co-ed - Tuesday - Friday</b>		
May 12 - June 23	7/21	\$535



## BASKETBALL

**EMNECC - 1301 Valley Road**  
**Plumas Gym - 475 Monroe Street**

REGISTRATION	LEAGUE BEGINS	TEAM FEE
<b>Mens Summer - Monday - Tuesday</b>		
February 24 - April 21	5/12	\$510



## ULTIMATE FRISBEE

**Idlewild Park - 1900 Idlewild Drive**

REGISTRATION	LEAGUE BEGINS	TEAM FEE
<b>Summer Season - Monday</b>		
March 24 - May 5	5/12	\$115
<b>Fall Season - Monday</b>		
June 23 - August 4	8/11	\$115



## DIG IT! - VOLLEYBALL CAMP

**EMNECC - 1301 Valley Road**  
**334-2262**

Dig it! is a recreational volleyball league for girls in grades third - eighth. The group meets twice a week for one hour for clinics, practices and matches. The first two weeks are instructional group clinics. In week three, we split the girls into teams, give them uniform tops and take photos. By week four they are scrimmaging and learning the game. Toward the end, the league hosts a jamboree with teams from Sparks. The league ends in a final tournament. All participants get a volleyball and a certificate. The cost is \$98. The camp runs April 15 - June 5.



# AQUATICS



## TINY TOTS

**EMNECC** - 1301 Valley Road  
**Idlewild Pool** - 1805 Idlewild Drive  
**Northwest Pool** - 2925 Apollo Way

Certified American Red Cross instruction begins with basic physical and mental adjustment to the water. Participants are taught basic safety and swim readiness skills using play as the primary form of teaching. This class does not teach children to be accomplished swimmers, but helps to develop a comfort level in the water and establish the basic building blocks for future instruction. Participants are three to five years old. Five students per instructor.



## WATER BABIES

**EMNECC** - 1301 Valley Road  
**Idlewild Pool** - 1805 Idlewild Drive  
**Northwest Pool** - 2925 Apollo Way

This parent-assisted program helps small children (six months to three years old) become accustomed to the water while in the familiar hands of a parent.



## ADULT SWIM CLINIC

**Idlewild Pool** - 1805 Idlewild Drive  
**Northwest Pool** - 2925 Apollo Way

This program is designed to help those 15 years and older refine their skills. Instructors work with participants to identify goals for success and design the aims of the course to goal completion. Participants must be 15 years of age or older. \*There must be at least three participants to run this course.



## WATER FITNESS

**EMNECC** - 1301 Valley Road  
**Northwest Pool** - 2925 Apollo Way

Water is a great environment for exercise. Buoyancy takes the impact off of leg joints allowing exercises to improve muscular strength, balance and fitness levels. Get high impact results from a low-impact workout.



## LEARN TO SWIM

**EMNECC** - 1301 Valley Road  
**Idlewild Pool** - 1805 Idlewild Drive  
**Northwest Pool** - 2925 Apollo Way

Students will be introduced to the fundamentals and techniques of the front and back crawl, unsupported movement, underwater exploration, compact diving and stroke development. Advanced students will refine the strokes and skills presented in previous lessons. This course is broken out into six levels of progressive instruction, and is geared for students six years and up, with a 10-students-per-instructor ratio.



## PRE-COMPETITIVE PROGRAMS

**Idlewild Pool** - 1805 Idlewild Drive

These programs are designed for the advanced swimmer who is not in adult lessons or on a organized swim team. Participants will have the opportunity to improve stroke development as well as enhance competitive swim team skills. The per-requisite for this course is: completion of level five of the American Red Cross Learn to Swim course (or equivalent). Participants must be eight years of age or older.



## SPRINGBOARD DIVING

**Idlewild Pool** - 1805 Idlewild Drive

This program is designed to introduce participants to basic techniques of competitive springboard diving. Participants will learn basic diving positions and the safe use of the diving board. There must be at least three participants to run this course.







# AQUATICS

## EVELYN MOUNT NORTHEAST COMMUNITY CENTER POOL

1301 Valley Road • 334-2262

Indoor 25-yard pool featuring four lanes. Closed on Sundays.

Program	Dates	Times	Days	Fee
Public Swim	on-going	12:00pm - 2:30pm	Saturday	\$5 - Adults \$3 - Youth \$2 - Senior
Lap Swim	on-going	7:00am - 10:00am	Monday - Friday	
		1:00pm - 2:30pm 11:00am - 12:00pm	Saturday	
Water Babies	April 19 - May 10 May 17 - June 7 June 14 - July 5 July 12 - August 2 August 9 - August 30 Sept. 4 - Sept. 27	9:45am - 10:15am	Saturday	\$28 Per Session
	June 17 - July 3 July 8 - July 24	11:15am - 11:45am	Tuesday & Thursday	\$42 Per Session
	June 17 - July 3 July 8 - July 24	2:45pm - 3:15pm	Tuesday & Thursday	
Tiny Tots	April 14 - April 30 May 5 - May 21 June 16 - July 2 July 14 - July 30 August 11 - August 27 Sept. 8 - Sept. 24	6:15pm - 6:45pm	Monday & Wednesday	\$42 Per Session
	June 16 - July 2 July 14 - July 30	10:00am - 10:30am	Monday & Wednesday	
	June 16 - July 2 July 14 - July 30	11:00am - 11:30am	Monday & Wednesday	
	June 16 - July 2 July 14 - July 30	7:00pm - 7:30pm	Monday & Wednesday	
	June 17 - July 3 July 15 - July 31	7:15pm - 7:45pm	Tuesday & Thursday	\$28 Per Session
	April 19 - May 10 May 17 - June 7 June 14 - July 5 July 12 - August 2 August 9 - August 30 Sept. 4 - Sept. 27	10:15am - 10:45am	Saturday	



Program	Dates	Times	Days	Fee
<b>Learn to Swim</b>	April 14 - April 30 May 5 - May 21 June 16 - July 2 July 15 - July 31 August 11 - August 27 Sept. 8 - Sept. 24	6:15pm - 7:00pm	Monday & Wednesday	
	June 16 - July 2 July 14 - July 30	10:00am - 10:45am	Monday & Wednesday	\$42 Per Session
	July 16 - July 2 July 14 - July 30	11:00am - 11:45am	Monday & Wednesday	
	June 16 - July 2 July 14 - July 30	7:05pm - 7:50pm	Monday & Wednesday	
	June 17 - July 3 July 14 - July 30	7:15pm - 8:00pm	Tuesday & Thursday	
	April 19 - May 10 May 17 - June 7 June 14 - July 5 July 12 - August 2 August 9 - August 30 Sept. 4 - Sept. 27	10:15am - 11:00am	Saturday	\$28 Per Session
<b>Water Fitness</b>  <i>Drop in fee: \$6-Adults \$5-Seniors</i>	August 4 - August 27 Sept. 3 - Sept. 24	10:00am - 11:00am	Monday & Wednesday	\$24 Adults \$20 Seniors \$20 Adults \$16 Seniors
	April 14 - May 9 May 12 - June 6 June 9 - July 2 July 7 - August 1 August 4 - August 29 Sept. 3 - Sept. 26	12:00pm - 1:00pm	Monday, Wednesday & Friday	\$36 Adults \$30 Seniors \$33 Adults \$27.50 Seniors \$33 Adults \$27.50 Seniors \$36 Adults \$30 Seniors \$36 Adults \$30 Seniors \$33 Adults \$27.50 Seniors
	April 15 - May 8 May 13 - June 5 June 10 - July 3 July 8 - July 31 August 5 - August 28 Sept. 2 - Sept. 25	10:00am - 11:00am or 12:00pm - 1:00pm or 6:15pm - 7:15pm	Tuesday & Thursday	\$24 Adults \$20 Seniors
<b>Private/Semi-Private Swim Lessons</b>	Call 334-2203 for more information			\$30 for 1 Child \$55 for 2-5 Children
<b>Private Pool Rental</b>	Call 334-2262 for more information			\$70 Per Hour



## TRANER POOL

1600 Carville Drive • 334-2269

Outdoor 25-yard pool featuring a double flume slide and water play features.

Program	Dates	Times	Days	Fee
<b>Public Swim</b>	June 14 - July 13	1:00pm - 4:00pm	Daily	\$4 - Adults \$2.50 - Youth \$2 - Child/Senior
<b>Private Pool Rental</b>	Call 334-2262 for more information			\$60 Per Hour



# AQUATICS

## IDLEWILD POOL

**1805 Idlewild Drive • 334-2267**

Outdoor 50-meter, eight-lane pool with two one-meter boards and a tot pool. *The pool will be closed on June 27, 28, 29 & September 5, 6.*

Program	Dates	Times	Days	Fee
Public Swim	June 16 - August 8	1:00pm - 3:45pm	Monday - Friday	\$5 - Adult
	June 7 - August 31	1:00pm - 5:00pm	Saturday/Sunday	\$3 - Youth
	Sept. 7 - Sept. 28	1:00pm - 4:00pm	Sunday	\$2 - Child/Senior Passes Available
Lap Swim	August 11 - Sept. 30	7:00am - 9:00am	Monday - Friday	\$5 - Adult
	June 6 - Sept. 30	11:35am - 12:50pm	Monday - Friday	\$3 - Youth
		6:00pm - 7:00pm	Monday - Friday	\$2 - Child/Senior
		12:00pm - 12:55pm	Saturday & Sunday	Passes Available
Water Babies	June 16 - July 25	12:00pm - 12:30pm	Monday & Wednesday	\$28 Per Session
	July 7 - July 16			
	July 28 - August 6			
	June 17 - June 26	12:00pm - 12:30pm	Tuesday & Thursday	
	July 8 - July 17			
	July 29 - August 7			
Tiny Tots	June 16 - June 26	9:40am - 10:10am	Monday - Thursday	\$56 Per Session
	July 7 - July 17	or		
	July 28 - August 7	10:20am - 10:50am		
	June 16 - June 26	11:00am - 11:30am		
	July 7 - July 17	or		
	July 28 - August 7	5:30pm - 6:00pm		
Learn to Swim	June 16 - June 27	9:40am - 10:25am	Monday - Friday	\$70 Per Session
	July 7 - July 18	or		
	July 28 - August 8	10:35 - 11:20am		
	June 16 - June 26	6:10pm - 6:55pm	Monday - Thursday	\$56 Per Session
	July 7 - July 17			
	July 28 - August 7			
Pre-Competitive Program Idlewild River Otters	June 16 - June 27	9:40am - 10:25am	Monday - Friday	\$70 Per Session
	July 7 - July 18			
	July 28 - August 8			
Adult Swim Clinic	June 16 - June 27	10:35am - 11:20am	Monday - Friday	\$70 Per Session
	July 7 - July 18			
	July 28 - August 8			
Springboard Diving	June 16 - June 26	6:10pm - 6:55pm	Monday - Thursday	\$56 Per Session
	July 7 - July 17			
	July 28 - August 7			
Private/Semi-Private Lessons	Call 334-2267 for more information			\$30 for 1 Child \$55 for 2-5 Children
Private Pool Rental	Call 334-2267 for more information			\$140 Per Hour
30th Anniversary Celebration	June 14	1:00pm - 5:00pm	Saturday	\$2 Per Person





# AQUATICS

## NORTHWEST POOL

2925 Apollo Way • 334-2203

Indoor 25-yard pool featuring eight lanes and a teaching pool.

*The pool will be closed for maintenance June 16 - September 30.*

Program	Dates	Times	Days	Fee
Public Swim	Through June 15	7:30pm - 9:00pm	Tuesday & Thursday	\$5 - Adults \$3 - Youth
		1:00pm - 4:00pm	Sunday	\$2 - Child/Senior <i>Passes Available</i>
Lap Swim	Through June 15	7:00am - 9:00am 11:30am - 1:30pm	Monday - Friday	\$5 - Adults \$3 - Youth
		12:00pm - 1:00pm 6:15pm - 7:15pm	Sunday	\$2 - Child/Senior <i>Passes Available</i>
Water Fitness <i>Drop in fee: \$6-Adults \$5-Seniors</i>	April 14 - May 9 May 12 - June 6 June 9 - June 13	9:00am - 10:00am	Monday/Wednesday/ Friday	\$36 Adult \$30 Senior
	April 15 - May 8 May 13 - June 5 June 10 - June 12	9:00am - 10:00am	Tuesday & Thursday	\$36 Adult \$30 Senior \$9 Adult \$7.50 Senior \$24 Adult \$20 Senior \$24 Adult \$20 Senior \$6 Adult \$5 Senior
Water Babies	April 15 - May 1 May 6 - May 22	6:15pm - 6:45pm	Tuesday & Thursday	\$42 Per Session
Tiny Tots	April 14 - April 30 May 5 - May 21	6:30pm - 7:00pm	Monday & Wednesday	\$42 Per Session
	April 15 - May 1 May 6 - May 22	1:15pm - 1:45pm	Tuesday & Thursday	
	April 15 - May 1 May 6 - May 22	5:30pm - 6:00pm	Tuesday & Thursday	
Learn To Swim	April 14 - April 30 May 5 - May 21	7:15pm - 8:00pm	Monday & Wednesday	\$42 Per Session
	April 15 - May 1 May 6 - May 22	1:15pm - 2:00pm	Tuesday & Thursday	
	April 15 - May 1 May 6 - May 22	6:15pm - 7:00pm	Tuesday & Thursday	
Adult Swim Clinic	April 14 - April 30 May 5 - May 21	6:15pm - 7:00pm	Monday & Wednesday	\$42 Per Session
Kayak Roll Sessions	Through June 9	8:00pm - 9:30pm	Monday	\$5 Adults \$3 Senior/Youth
Private/Semi-Private Lessons	Call 334-2203 for more information			\$30 for 1 Child \$55 for 2-5 Children
Private Pool Rental	Call 334-2203 for more information			\$70 Per Hour





## VACATION STATION

334-2262

Vacation Station provides organized recreational opportunities to school age children. The program features group games, crafts, sports and free time to play with friends or read, all while under the supervision of trained City of Reno staff. Vacation Station is a Character Counts certified gold medal Children's Activity Center.

**Ages 6 - 14 - Monday - Friday - 7:00am - 6:00pm**

\$100 Per Week or \$30 Per Day  
*Scholarships are available*

**Evelyn Mount Northeast Community Center - 1301 Valley Road**

**Plumas Gym - 475 Monroe Street**

**Double Diamond Elementary School - 1200 S. Meadows Parkway**

*Scholarships available for families that qualify*

### BREAKS

Spring	March 31 - April 11
Summer	June 16 - August 8
Fall	October 6 - October 10
Winter	December 22 - January 9



## RENO ENRICHMENT PROGRAM

EMNECC - 1301 Valley Road

Call 657-4652 for registration and pick-up

The Reno Enrichment Program provides great opportunities for young adults to explore recreational and educational interests and develop life skills. Evening activities include sports instruction, games in the gym, dance lessons, online tutoring using [www.smarthinking.com](http://www.smarthinking.com) and more.

Monday - Thursday	2:00pm - 7:00pm
Friday	2:00pm - 9:00pm

### PICK-UP/DROP OFF LOCATIONS

**Project Solution - 1090 Bresson Ave.**

**Wooster High School - 1331 E. Plumb Lane**

Continued in the next column ➡

**Hug High School\* - 2880 Sutro Street**

**Clayton Middle School\* - 1295 Wyoming Ave.**

*\* Call for Pick-Up*



## SIERRA KIDS

334-2262

Serving Kids in grades K-6 in elementary schools throughout Reno, Sierra Kids is a quality recreation program for children who need a safe, supervised environment before and/or after school. Tutoring programs are available in all programs as well as homework assistance. Activities are based on the Character Counts! program. Instructors teach art and sports to after-school participants. Registration and payment are required by 12:00pm Friday prior to the week of attendance. Call to register.

### SITES

Alice Smith	Caughlin Ranch	Desert Heights
Dodson	Double Diamond	Elmcrest
Honors Academy of Literature	Hunter Lake	Jessie Beck
Lemelson	Mamie Towles	Marion Anderson
Mount Rose	Peavine	Roy Gomm
Sarah Winnemucca	Silver Lake	Smithridge
Stead	Westergard	

### RATES

	Weekly Rate	Partial Week Rate
Morning	\$30	\$10 per day
Afternoon	\$45	\$15 per day
Morning & Afternoon	\$75	-
Early Release Day	-	\$20
Late Pickup	\$1 per minute per child	





## SUMMER CAMP DATES OF OPERATION

Camp Name	Summer Discovery +	Vacation Station	Performing Arts Camp +	Wilderness Camp +
Location	North Valley Sierra Vista	Double Diamond Plumas Gym EMNECC	EMNECC	EMNECC
June 16 - June 20	•	•		
June 23 - June 27	•	•	•	
June 30 - July 3*	•	•	•	
July 7 - July 11	•	•	•	•
July 14 - July 18	•	•	•	•
July 21 - July 25	•	•	•	•
July 28 - August 1	•	•	•	•
August 4 - August 8	•	•		
*Holiday Week - Closed July 4th				



## LEADER IN TRAINING PROGRAM

Got your coveted “red” shirt? Now it’s time to help us run a successful camp! Come with a positive attitude and willingness to have fun while at the same time setting an example for camp staff and participants alike. Red shirts get a 50% price reduction and our thanks for helping us! Staff rules of conduct apply so bring your “A” game and have the best summer. This program is offered in all camp breaks. *Note: 10% ratio max in Vacation Station, 5% ratio max for Wilderness, Performing Arts and other specialty camps. Positions will be available on a first come, first served basis.*



## TOO COOL FOR CAMP

This is your opportunity to start shadowing Youth Camp staff and learning the ropes to becoming a successful camp leader. The program offers youth ages 13 - 15 an opportunity to become a Leader In Training (L.I.T.) and earn the coveted “red” shirt.

offered the first two weeks in summer



## SUMMER DISCOVERY

AGES 6 - 14 - \$60 Per Week

There’s so much to do - sports, games, great friends - don’t miss out! Breakfast and lunch provided through Kid’s Cafe and Summer Food Service Program. Free breakfast and lunch.



## WILDERNESS CAMP

AGES 8 - 14 - \$130 Per Week

Learn outdoor survival skills through field trips, hiking, swimming and more. Enjoy an overnight camp out complete with s’mores and outdoor activities. Wilderness safety and learning how to set up a tent are always highlights of this outdoor adventure!



## PERFORMING ARTS SPECIALTY CAMP

AGES 8 - 14 - \$130 Per Week

This camp provides an opportunity for kids to sing, dance and perform in a production. There is a part for everyone: lights, music and even directing. This camp is also a part of Artown.





# INCLUSION



## ACCESS FOR ALL

334-2262

The City of Reno welcomes the opportunity to provide accommodations to people with disabilities so that full participation in leisure and recreation programs, classes, services and facilities may be enjoyed by all. If you or a family member require a reasonable accommodation to participate in a program, please contact Inclusion Services a minimum of five business days prior to the start of the program. Efforts will be made to accommodate your request. Hearing impaired individuals can use Nevada Relay by dialing 711 for assistance.



## U.S. PARALYMPICS

334-2262

Paralympic Sport Reno is a community-based sports club developed to involve youth and adults with physical and visual disabilities in sports and physical activity, regardless of skill level, and raise the profile of paralympic sport nationally. U.S. Paralympics, a division of the U.S. Olympic Committee, is dedicated to becoming the world leader in paralympic sports movement and to promoting excellence in the lives of persons with physical disabilities.



## ADAPTIVE REC CONNECT

334-2262

This newsletter is the best way to stay current on adaptive recreation opportunities. A typical issue includes upcoming events, sports, social programs and area resources. Download a copy from [Reno.gov/parksandrec](http://Reno.gov/parksandrec) or call Inclusion/Adaptive Services to have each issue e-mailed to you.



## ADAPTIVE EQUIPMENT RENTAL PROGRAM

333-7765

Our adaptive recreation equipment is available to rent (sport wheelchairs, beach wheelchairs, hand cycles, etc.). Renting makes it affordable for participants to try before they buy, be a weekend warrior, gain skills and be involved in more than one sport. Call for more information.



## PROJECT FIT RENO

333-7765

Project Fit Reno, sponsored by the Neilsen Foundation, provides weekly fitness classes and an all inclusive facility membership pass to promote a continuum of service, transitioning individuals living with spinal cord injury from the hospital to their home communities to continue to work on their home rehabilitation program and personal fitness goals. Classes will be taught by a Renown Rehabilitation Hospital Physical Therapist and City of Reno fitness instructor. Individuals living with spinal cord injury will be required to participate in a minimum of four structured classes. The class facilitator will cover the following topics throughout the duration of the program: orientation to equipment, assess fitness level, proper technique to develop strength, endurance and flexibility and discuss fitness goals. After the minimum required fitness classes are completed, participants will be eligible for a free all inclusive facility membership for one year.



## NORTHERN CALIFORNIA/NEVADA ADAPTIVE CYCLING SERIES

Join us while we cycle various locations in northern California and Nevada throughout the summer/fall. There will be a series of organized rides in the Bay Area, Sacramento and Reno. Each ride will offer routes of varying distances for beginner to advanced.

### April 13 - Sacramento, CA

Rick Mason - City of Sacramento, Access Leisure  
[rmason@cityofsacramento.org](mailto:rmason@cityofsacramento.org)

### June 7 - Reno, NV

April Wolfe - City of Reno  
333-7765 or [wolfea@reno.gov](mailto:wolfea@reno.gov)



## MARK WELLMAN'S ADVENTURE DAY AT SPARKS MARINA

All people with disabilities are invited to attend Mark Wellman's Adventure Day at the Sparks Marina Park from 10:00am to 2:00pm on Sunday, June 8, 2014. A kayaking seminar will be featured and adaptive rock climbing, adaptive sailing and hand cycles will be available to try. Bring your bathing suit and sun block to this free event. Please call Shauna Nelson at 353-7815 or email [shnelson@cityofsparks.us](mailto:shnelson@cityofsparks.us).





## WHEELCHAIR RUGBY

333-7765

Wheelchair or quad rugby is a fast paced and competitive sport for individuals with physical disabilities that affect all four extremities. Players use special “rugby wheelchairs” to play the sport. These chairs are very maneuverable and can take a hit or two. Rugby players must be able to push their own wheelchairs.

July - April

Thursday - \$40 6:00pm - 9:00pm

Saturday - \$25 12:00pm - 3:00pm



## ADAPTIVE GOLF

333-7765

Paralympic Sport Reno has partnered with Rosewood Lakes Golf Course to offer six-week sessions of golf instruction. Whether you are an absolute beginner or a seasoned veteran, you'll find a place at our golf clinics taught by golf professionals. Call for more information.

11:00am - 12:00pm

Friday May 2 - June 6

Sunday July 13 - August 17

Wednesday September 10 - October 15



## OUT AND ABOUT

334-2262

The Out and About community outing program is geared for young adults ages 15 years and up with disabilities and their caregivers/companions. Join us for bowling, cooking, golfing, fishing, field trips and more.

Contact us for a schedule of activities



## VETERAN PROGRAMS

### PROJECT HERO CITY OF RENO

Project HERO (Healing Exercise Rehabilitation Opportunity) provides training and supports cycling programs at military hospitals, Army Transition Units, Marine Wounded Warrior Units and Veterans Affairs locations to help healing heroes overcome obstacles they face. Project HERO has proven the effectiveness of group riding in the rehabilitation of injured servicemen and women. Cycling is an important part of the recovery and rehabilitation. For more information, contact Project HERO City of Reno Representative April Wolfe at 333-7765 or wolfea@reno.gov to join us on our next ride.

### FIT BUT NOT FORGOTTEN

EMNECC - 1301 Valley Road, 334-2262

The Fit But Not Forgotten program offers weekly fitness classes in our facility weight room. Classes will cover orientation to equipment, assessment of fitness level, proper technique to develop strength, endurance and flexibility and discuss fitness goals. Upon completion of four classes participants will be eligible for a free all inclusive facility membership good for one year. Grant funding for this program is awarded by U.S. Paralympics, a division of the U.S. Olympic Committee, through funding provided by Veterans Affairs. The grants are provided to facilitate the growth of paralympic-sport programming for disabled veterans and disabled members of the armed forces.

Monday 10:00am - 11:00am

Wednesday 5:30pm - 6:30pm







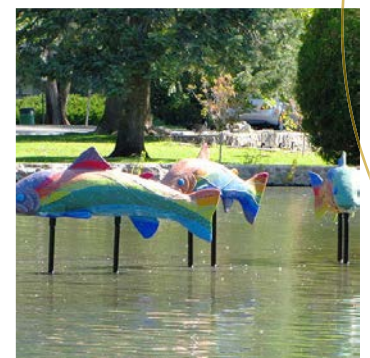
# PUBLIC ART



## FOR A FUN PUBLIC ART DRIVE AROUND RENO – FIND THESE TREASURES!

(photos are arranged left to right, top row to bottom)

Title	Artist	Description	Location and Address
1. The Reno star	Mark Szulgit	Metal and steel	At the corner of McCarran and Virginia
2. Mountaintop	Brad Rude	Bronze w/ enamel paint - 66" x 60" x 24"	McKinley Arts and Culture Center 925 Riverside Drive
3. You Should Have Been Here	Cork Marcheschi	Historic photos, aluminum glass	City Plaza South East corner of Virginia
4. Arts District Banners	David Boyer	Steel, copper, brass	Downtown Various Light Poles Downtown
5. Feather	Jeff Erikson	Steel and cast bronze human scale bird cages	ReTrac Corridor West Third Street between Arlington & West Street
6. Alfresco	Jorge Blanco	Aluminum and powder coated steel	University Ridge Park 990 South University Park Loop
7. Community, Diversity, and Independence	Benjamin Victor	Bronze sculptures, sandstone benches, bike racks and banners	Wells Avenue street-scape Wells Avenue between Regency Way & Roberts street
8. Rainbow Trout	Eileen Gay	Shimmering sculpture	Idlewild Park 1805 Idlewild Drive





# DANCE



## BALLET/HIP HOP JAZZ COMBO CLASS

**EMNECC - 1301 Valley Road**

This is a fun and exciting way of learning three kinds of dance. Class will learn basic and intermediate ballet, jazz and/or hip hop steps techniques with stretching and conditioning. Tights and leotard, ballet and/or jazz shoes are required. Students must have correct shoes for chosen recital dance. Class has recital opportunities.

**Ages 6 - 9 - Monday 6:00pm - 7:00pm**

April 7 - April 28 \$40

May 5 - May 19 \$35

June 2 - June 16 \$35



## CONTEMPORARY JAZZ FUSION

**EMNECC - 1301 Valley Road**

Combine "so you think you can dance" contemporary moves with Jazz dance. Class includes warm up, across floor and fun centered choreography. Loose fitting athletic clothes and jazz shoes are required. Class has recital opportunities.

**Ages 7 - 12 - Monday 4:15pm - 5:15pm**

April 7 - April 28 \$40

May 5 - May 19 \$35

June 2 - June 16 \$35



## CREATIVE BALLET

**EMNECC - 1301 Valley Road**

Class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps. Tights, leotard and ballet shoes are required.

**AGES 3 - 6**

**Monday 5:15pm - 6:00pm**

April 7 - April 28 \$40

May 5 - May 19 \$35

June 2 - June 16 \$35



## BALLET

**EMNECC - 1301 Valley Road**

Class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps.

### BEGINNER BALLET

**Ages 7 - 12 - Saturday 10:30am - 11:20am**

April 19 - June 7 \$42 June 14 - July 19 \$30

July 26 - September 13 \$36 September 20 - October 18

### INTERMEDIATE BALLET

**Ages 13+ - Wednesday 5:00pm - 5:50pm**

April 2 - May 7 \$36 May 21 - June 25 \$36

July 2 - July 30 \$30 August 6 - September 24 \$36



## MOTIVATORS SQUARE DANCE

**Teglia's Paradise Park - 2745 Elementary Dr.**

Advanced level square dancing, prior experience necessary. For more information, please contact Bill Ponton at 829-7375.

**Thursday 6:00pm - 9:00pm  
\$7.50 Per Class**

May 1 - May 29

June 5 - June 26



## WESTERN SQUARE DANCE

**Teglia's Paradise Park - 2745 Elementary Dr.**

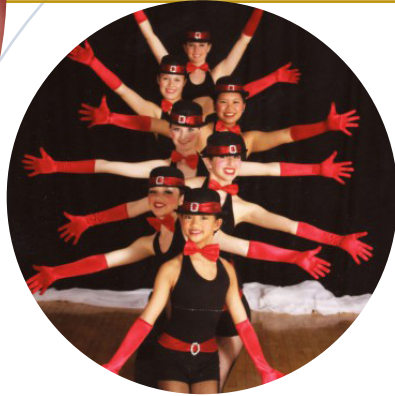
Have fun, make new friends and join Carol Wilson for square dance instruction. Carol Wilson, well known square dance caller, is inviting new students to attend one of her nights of introduction. Wear casual attire, singles are welcome, but bring your friends and relatives as everyone will want to participate in this Modern Square Dance Class. Good for the mind and the body. Great cardiovascular workout and it's easy to learn. Great for 14 years old and older. Scholarships do not apply.

**Tuesdays  
6:30pm - 7:30pm or 7:30pm - 8:30pm  
\$6.00 Per Class**

May 6 - May 27

June 3 - June 24

# DANCE



## BELLY DANCE - BEGINNER LEVEL I & BEYOND

EMNECC - 1301 Valley Road

The graceful art of belly dancing, gives you flexibility, coordination and expression, and is offered to all adults, teens (13+). No prior experience is needed. Basic movements of oriental dance (Raks Sharki); basic techniques with a good understanding of breakdown of movements and steps, body positioning, isolating layering and more will be covered in this energetic class. People stay in this class for two to three sessions before moving onto beginner level two classes, it's very important to create an excellent foundation upon which to build the rest of your dance technique.

Wednesday 6:00pm - 7:30pm - \$55

April 9 - May 14

May 21 - June 25

July 9 - August 13

August 20 - September 24

October 1 - November 5



## BELLY DANCE - INTERMEDIATE LEVEL III

EMNECC - 1301 Valley Road

Level three is for the dancer that loves a challenge! This class is focused on drilling, complicated techniques, tricky combinations, improvisations and expressive performance skills. You will begin to transcend all previously learned skills and develop your own personal style while continuing to work within a group and so much more!

Thursdays 6:00pm - 7:15pm - \$55

April 10 - May 15

May 22 - June 26

July 10 - August 14

August 21 - September 25

October 2 - November 6



## TAP DANCE

EMNECC - 1301 Valley Road

### BEGINNER TAP

Ages 7 - 12 - Saturday 9:30am - 10:20am

April 19 - June 7 \$42

June 14 - July 19 \$30

July 26 -  
September 13 \$36

September 20 -  
October 18 -

### BEGINNER ADULT TAP

Ages 12+ - Saturday 11:30am - 12:20pm

April 19 - June 7 \$42

June 14 - July 19 \$30

July 26 -  
September 13 \$36

September 20 -  
October 18 -

### INTERMEDIATE TAP

Ages 7 - 12 - Saturday 12:30pm - 1:20pm

April 19 - June 7 \$42

June 14 - July 19 \$36

July 26 -  
September 13 \$36

September 20 -  
October 18 -

### INTERMEDIATE ADULT TAP

Ages 12+ - Wednesday 6:00pm - 7:00pm

April 2 - May 14 \$36

May 21 - June 25 \$36

July 2 - July 30 \$30 August 6 - September 24 \$36

### SENIOR TAP

Ages 50+ - Wednesday 10:00am - 11:00am

April 2 - May 14 \$36

May 21 - June 25 \$36

July 2 - July 30 \$30 August 6 - September 24 \$36



# FITNESS



## KAIA F.I.T. MIDTOWN

**EMNECC - 1301 Valley Road**  
**California Building - 75 Cowan Drive**  
**Plumas Gym - 475 Monroe Street**

Kaia is a boot camp for women only, which emphasizes functional fitness. Our program is fun and different because of the energy and camaraderie and also unique in that every client gets personal attention. Kaia is great for women of all ages and is the perfect way for women to succeed in achieving their health and fitness goals. Our goal is to inspire women to reach beyond what they thought was possible. Classes include three four Kaia cross-training workouts including our Kaia walk/runs, Kaia Juicy and Kaia Flow. You will receive the tools needed to get you in the best shape of your life. Kaia F.I.T. offers two different types of boot camp styles.

### BRIK

6 Weeks - 5 Days a week - \$259

These sessions offer quick and great results from weight and body fat loss to strength and confidence. During BRIK we do physical assessments, offer a nutritional plan, cookbooks, a shopping guide, food journals and get results!

May 5 - June 24

September 2 - October 11

### CORE

5 Weeks - 4 Days a week - \$139

This class increases cardiovascular endurance and muscular strength. Also, a Kaia nutritional guide is available to help you with making healthy food choices. Make fitness and proper nutrition a lifestyle.

June 16 - July 19

July 21 - August 23

October 13 - November 15

November 17 - December 20

**Save over 30% - New to Kaia introductory offers available**  
 Contact [kaiafitmidtown@yahoo.com](mailto:kaiafitmidtown@yahoo.com) or 657-6478



## ZUMBA

**Teglia's Paradise Park - 2745 Elementary Dr.**

Zumba is known for its zesty Latin music and helps dramatically enhance health in a dance party atmosphere. With various rhythms, it tones and sculpts the body in an energizing cardio workout. Join the party and dance your way into shape with Zumba! Classes are hosted by Patricia Gallimore of Alter Ego studios. No prior dance talent needed.

\$10 Per Month - Thursdays - 10:00am - 11:00am

Continued in the next column ➡

March 6 - March 27

April 3 - April 24

May 1 - May 29

June 5 - June 26

July 3 - July 31

August 7 - August 28

September 4 - September 25

October 2 - October 30

November 6 - November 27

December 4 - December 25



## PERSONAL TRAINING

**EMNECC - 1301 Valley Road**  
 813-2930

Fitness should be a lifestyle activity, like brushing your teeth. This one-on-one program will help you get started on an exercise lifestyle designed to keep you fit and healthy. The first session is an assessment of your fitness level and goals. In later sessions, you will learn proper techniques to develop strength, endurance and flexibility.

### SCHEDULE AN APPOINTMENT

\$30 Per Hour



## JAZZERCISE

**California Building - 75 Cowan Drive**

Jazzercise is the effective, total body conditioning program that will help you feel great and look terrific. Each class offers a blend of dance and exercise choreographed to your favorite music. Easy to follow, fun choreography includes a warm up, aerobic workout, muscle toning and strengthening segment and stretching. Ages 16 and older.

**CUSTOMER MUST CALL OFFICE TO SIGN UP & PAY FOR THE CHOICES BELOW:**

\$65 for 2 months - \$90 for 3 months - \$25 for 4 classes

\$36 per month (Online Option Only)

Mon/Tues/Wed/Fri

9:00am - 10:00am

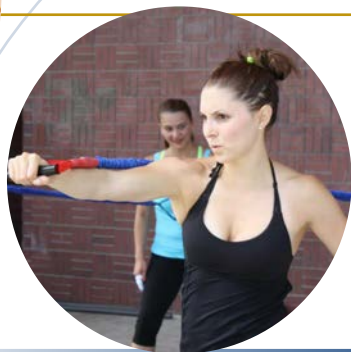


## TRX SUSPENSION TRAINING

657-6478 or visit [kaiafitmidtown@yahoo.com](mailto:kaiafitmidtown@yahoo.com)

TRX meets for five weeks, one time per week. TRX program delivers a fast, effective total-body workout, helps build a rock-solid core, increases muscular endurance and benefits people of all fitness levels (pro-athletes to seniors). By utilizing your own bodyweight, our TRX program provides greater performance and unique exercises that build power, strength, flexibility, balance, mobility, and prevent injury. All at the intensity level that suits each individual's needs.

# FITNESS



## CHAIR YOGA

303-2845

This class focuses on gentle movement from a chair or standing beside a chair. Building strength and flexibility are key components along with balance for better mobility. Poses will incorporate use of left and right brain and the movement is coordinated with slow breaths. Plan to dress comfortably with low heeled shoes. For more information, contact Pam Pearson at 303-2845 or psp89@hotmail.com.

**\$8 PER MONTH - PER LOCATION**

**EMNECC - 1301 Valley Road, 334-2262**

Wednesday 1:30pm - 2:15pm

**Teglia's Paradise Park - 2745 Elementary Drive**

Thursday 9:00am - 9:45am

**Neil Road Recreational Center - 3925 Neil Road**

Thursday 10:30am - 11:15am



## MAT YOGA

303-2845

This modified gentle yoga class is an accessible approach to learning the fundamental yoga stretches presented in a flowing class that is easy to follow. Mats, blankets and blocks are available on a first come, first served basis. Students should be able to get off the floor with ease. For more information, contact Pam Pearson at 303-2845 or psp89@hotmail.com.

**\$30 PER MONTH**

**EMNECC - 1301 Valley Road, 334-2262**

Mon/Wed/Fri 12:00pm - 1:00pm

**Neil Road Recreational Center - 3925 Neil Road**

Mon/Wed/Friday 10:00am - 11:00am



## BEGINNING HATHA YOGA CLASS

**EMNECC - 1301 Valley Road**

Beginning Hatha Yoga will focus on the basic building blocks of yoga through the philosophical approach of traditional yoga. Hatha Yoga focuses on understanding and controlling

the body, the breath, and mind through exercises (anasanas), breathing (pranayamas) techniques, meditation and relaxation (Yoga Nidra). You will learn a series of simple, safe, and highly effective skills that have our basis in the ancient techniques of yoga. The class will help you to learn your body's weaknesses, strengths, tightness, and flexibility.

**\$120 FOR 8 WEEK SESSION**

Wednesday

5:30pm - 6:45pm



## RESTORATIVE YOGA

**EMNECC - 1301 Valley Road**

This course is on restorative and gentle yoga and is designed to give you the information you need to decide on the perfect combination that will make your practice the most enjoyable and satisfying for releasing and relaxing the mind and body. You will be guided through the steps for beginner restorative yoga poses and mediation (Yoga Nidra) with emphasis on concentrated deep breathing. You'll learn how regular stimulation to the internal organs can help to balance chemical and hormone levels. Emphasis is on methods of yoga that are slow and gentle with calming and releasing stress and purge your thoughts of the worries and stresses of the day.

**\$108 FOR 6 WEEK SESSION**

Friday

5:30pm - 6:45pm



## HATHA YOGA CLASSES

**EMNECC - 1301 Valley Road**

Students must have prior yoga knowledge of postures and have taken yoga before. The Hatha Yoga class will practice on the asanas (physical postures), breathing (pranayamas) techniques, meditation and relaxation through Yoga Nidra. The techniques are designed to increase strength, flexibility, endurance, balance, coordination, and the ability to relax. You will learn the freedom to adjusting a pose so it can work for you which is more important than sticking with a form that is not working for your body.

**\$15 PER CLASS**

Tuesday & Thursday

5:30pm - 6:45pm





# FITNESS

## EVELYN MOUNT NORTHEAST COMMUNITY CENTER

1301 Valley Road • 689-8484 or 334-2262

EMNECC offers a fully equipped weight room, cable resistance machines, a universal machine, floor mats and Swiss balls. There is also a cardio room filled with treadmills, elliptical trainers, stair steppers and training bicycles. There are locker rooms, a full-sized gymnasium and a four-lane lap pool. Hours of operation are listed below. *\*Patrons can use the gymnasium for volleyball, basketball, pickle ball and more.*

### HOURS OF OPERATION

Monday - Thursday

7:00am - 9:00pm

Friday

7:00am - 8:00pm

Saturday - Sunday

9:00am - 3:00pm

### POOL HOURS

#### Lap Swim

#### Public Swim

Monday - Friday  
7:00am - 10:00am  
1:00 - 2:30pm

Saturday  
12:00pm - 2:30pm

Saturday  
11:00am - 12:00pm

### PASSES AND FEES

#### AGES

#### SINGLE ADMISSION

#### PUNCH PASSES (10 VISITS)

#### QUARTERLY (3 MONTHS)

#### ANNUAL

#### Facility Use

Pass is good for the Fitness Center, Open Gym and Swimming Pool

Adult (18+)	\$5	\$45	\$150	\$360
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Youth (14 - 17)	\$3	\$25	\$75	\$225
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Senior (55+)	\$2	\$15	\$60	\$150
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#### Fitness Center & Gym

Children younger than 14 are not allowed in the fitness center at any time

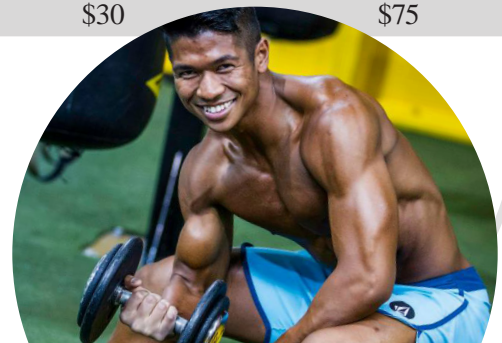
Adult (18+)	\$4	\$35	\$80	\$200
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Senior (55+)	\$3	\$25	\$60	\$150
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#### Open Gym

Adult (18+)	\$2	\$20	\$60	\$150
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Youth/Senior (8 - 17/55+)	\$1	\$10	\$30	\$75
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# SENIORS (50+)



## SENIOR CONNECT NEWSLETTER

356-3176

Stay current and learn about upcoming classes and events, activity/facility calendars and much more. Pick up a copy each month at Teglia's Paradise Park, the Neil Road Recreation Center, the Evelyn Mount Northeast Community Center and other facilities or download a copy from [Reno.gov/seniors](http://Reno.gov/seniors). Call to have a copy mailed or e-mailed to you.



## SENIOR LUNCH PROGRAM

**Neil Road Recreation Center**  
3925 Neil Road, 326-6601

Seniors 60+ can enjoy a hot meal or a fresh salad for lunch. Salads and hot meals must be ordered a day in advance. Additional eligibility information applies. For more information call or visit [Reno.gov/seniors](http://Reno.gov/seniors).

Suggested Donation of \$2      \$4 for Non-Seniors

Monday - Friday      11:45am



## CERAMICS CLASS

**McKinley Arts and Culture Center**  
925 Riverside Drive, 334-2417

Ceramics is designed to accommodate the many skill levels from novice to a more advanced student. Projects are completed as a group focusing on the techniques needed to complete a ceramic piece from start to finish. For more advanced students, additional projects can be worked on during class time. Students are encouraged to bring outside projects to class. Mediums used include acrylic paints, glazes and translucences.

\$45 Per Month

Three Wednesdays a month\*      9:30am - 12:30pm

\*Classes vary with holidays



## SENIOR TRAVELERS AND AROUND TOWN

657-4602

Travel to a different regional destination each month. Call for information or view the monthly Senior Connect newsletter.



## SENIOR COMPUTER CLASSES

**Neil Road Recreation Center - 3925 Neil Road**

Learn computer skills and bring the world to your fingertips. Communicate with friends, family and the world! Classes meet three times each month. There are some exceptions due to holidays. Pre-registration required.

\$20 Per Month      \$10 Per Additional Class  
(Only the first full week of the month)

Basic PC      Mon/Wed/Fri      9:30am - 11:30am

Open Lab      Mon/Wed/Fri      12:00pm - 2:00pm



## CROCHET CIRCLE

**Evelyn Mount Northeast Community Center**  
1301 Valley Road, 334-2262

Join this stress free group to learn a variety of stitches and create afghans, lap blankets and much more. Projects require time spent as 'home work' for completion. All skill levels are welcome. Supply list: one eight ounce skein of worsted weight yarn and an 'H' aluminum crochet hook.

\$20 Per Month

Monday      10:00am - 12:00pm



## CRO-NITS

**Evelyn Mount Northeast Community Center**  
1301 Valley Road, 334-2262

Don't have time to crochet but have yarn? Donate your yarn to our volunteer crochet group, which meets at 10:00am on the third and fourth Thursdays of each month.





## HEALTH, WELLNESS & YOU

**Teglia's Paradise Park - 2745 Elementary Drive**  
Enjoy drop-in discussion concerning your health and wellness. Come in and gain useful health and wellness information each week. We have guest speakers once a month. Lunch included.

Drop in fee \$0.50

First Tuesday of each month 12:00pm



## BRUNCH AND A MOVIE

Have you seen a good movie lately? First, you will enjoy a delicious brunch at the Eldorado Casino Buffet. Then we will go to the Riverside Movie Theater to see a movie of your choice. First Thursday of the month. Schedule your pick-up or meet us at the Eldorado at 9:30am.

\$20 Per Month



## RENO SENIOR DANCE CLUB

**Neil Road Recreation Center - 3925 Neil Road**  
Twice a month seniors gather to tango, waltz and swing. The music varies and is provided by DJ Felipe Leon. Light refreshments are provided.

\$5 Per Dance

Second and fourth Sundays 2:00pm - 5:00pm



## DINNER AND SHOW

657-4602

Join us on these local outings. Price includes both dinner and show tickets. Space is limited, so register early. Call for information or view monthly Senior Connect newsletter.



## CREATIVE CRAFTS AND QUILTING

**Teglia's Paradise Park - 2745 Elementary Drive**  
You can enjoy the art of quilting, your own craft projects or participate in an instructional new craft project each month. You will learn something new each week. Please register early to reserve your spot. A small supply fee will be charged when you register for the instructional project. There is a \$5.00 supply fee for guided instruction.

Drop in fee \$0.50

Monday 1:00pm



## TEGLIA'S PARADISE PARK ACTIVITY CENTER

356-3176

### DROP-IN ACTIVITIES - \$0.50 FEE

Pinochle	Monday & Wednesday	9:30am
Sit and Get Fit	Mon/Wed/Fri	8:30am

Continued in the next column ➡

Dominoes	2nd & 4th Wed.	1:30pm
Health, Wellness and You	1st Tuesday	12:30pm
Birthday Party	3rd Wednesday	2:30pm
Bunco	Thursday	12:15pm

### PAID ACTIVITIES

Chair Yoga	Thursday	9:00am
Creative Crafts & Quilting	Monday	1:00pm
Zumba Gold	Thursday	10:00am

### SOCIAL SERVICES

Bread Drop	Tuesday	11:00am
Blood Pressure	1st Tuesday	11:00am
Evelyn Mount Food Drop	Every other Friday (as available)	1:30pm
Intermediate Bridge	Wednesday	10:00am
Wii Sports	Tuesday	10:00am
Glee Club	2nd & 4th Tuesday	12:30pm
Bingo Blow-Out	1st Wednesday	1:30pm
Dancing With The stars	1st & 3rd Tuesday	1:30pm
Bean Bag Baseball Practice	Friday	10:00am
Baggo	Friday	10:00am



## EVELYN MOUNT NORTHEAST COMMUNITY CENTER

334-2262

### DROP-IN ACTIVITIES - \$0.50 FEE

Ballroom Dance	Tuesday & Friday	2:00pm & 6:00pm
Cribbage	Thursday	1:00pm
Super Seniors	Tues/Thurs/Fri	8:30am
Sit and Get Fit	Tuesday & Thursday	10:00am
Bridge	Tuesday	9:00am

### PAID ACTIVITIES

Water Fitness	Monday - Friday	Varies
Crochet Circle	Monday	10:00am
Senior Yoga	Mon/Wed/Fri	12:00pm
Senior Tap	Wednesday	10:00am
Chair Yoga	Wednesday	1:30pm
Reno Travelers	3rd Thursday	Varies
Cro-Nits	3rd & 4th Thursday	10:00am
Pickle ball	Schedules Vary	7:30am

never too  
old for

**GOLD**

AUGUST 4 - 10, 2014

**RENO TAHOE  
SENIOR GAMES**

RENO.GOV/SENIORGAMES

**SUMMER GAMES**  
RENO.GOV/SENIORGAMES  
RONEYA@RENO.GOV  
(775) 657-4644

**Senior Games** is an event dedicated to promoting and implementing fitness programs and activities. The games offer several opportunities for people 50 years and better to compete in your favorite sports. Participants compete within age groups to win gold, silver and bronze medals!

#### LINEUP OF SPORTS

- |              |                     |            |                 |                     |
|--------------|---------------------|------------|-----------------|---------------------|
| • Archery    | • Table Tennis      | • Go karts | • Horseshoes    | • Basketball Skills |
| • Badminton  | • Walk race         | • Croquet  | • Track & Field | • Billiards (8ball) |
| • Pickleball | • Fishing           | • Checkers | • Darts         | • Miniature golf    |
| • Baggo      | • Bean Bag Baseball | • Swimming | • Speed golf    |                     |

#### HOW TO REGISTER

Download and print your packet at [www.reno.gov/seniorgames](http://www.reno.gov/seniorgames), stop by any City of Reno recreation center or call (775) 334-2262 to have a packet mailed to you. Registration ends July 25, 2014.

Senior Care  
Plus

CITY OF  
**RENO**

Senior Citizen  
Advisory Committee



# SENIORS (50+)



## NEIL ROAD RECREATION CENTER

689-8484

### DROP-IN ACTIVITIES - \$0.50 FEE

Cribbage	Monday	1:00pm
Pickle ball	Mon/Thurs/Fri	1:30pm
Table Tennis	Mon/Wed/Thurs	7:00pm
Table Tennis	Saturday	10:00am
Fitness with Friends	Tuesday & Thursday	10:00am
Pickle ball	Tuesday	9:00am
This N That Exchange	Tuesday	1:00pm
Basic Bridge	Tuesday	1:00pm
Pinochle	Monday & Wednesday	10:00am
Pickle ball	Wednesday	12:00pm
Bunco	1st Thursday	1:00pm
Dominoes	2nd Thursday	1:00pm
Badminton	Mon/Wed/Fri	6:00pm
Bingo	Friday	1:00pm

### THE CITY OF RENO HOSTS A CABLE TV CHANNEL!

Find channel 194 on your Charter cable box or call 334-4636 for more information.



### PAID ACTIVITIES

Basic PC	Mon/Wed/Fri	9:30am
Senior Mat Yoga	Mon/Wed/Fri	10:00am
Colin Ross Music Program	Tuesday	2:00pm
Senior Dance	2nd & 4th Sunday	2:00pm
Open Lab	Mon/Wed/Fri	11:30am
Brunch & Movie	1st Thursday	8:30am
Chair Yoga	Thursday	10:30am
Reno Travelers	3rd Thursday	Varies

### SOCIAL SERVICES

Senior Lunches	Monday - Friday	11:45am
Bread Drop	Tuesday	12:00pm
Healthy Habits Lecture	4th Thursday	1:30pm
AARP Driving	Saturday	Varies



# PARKS



## ADOPT - A - PARK

This program offers the opportunity to get involved in the community in a way that develops pride and appreciation through stewardship. Call 334-2270 and adopt a park in your neighborhood today.



## PARK LOCATIONS AND AMENITIES

		Rentable Shelters	Restrooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Court	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbecue	Lake/Pond/River	Exercise Court	Water Play Toys
<b>SOUTHEAST</b>																			
Brodhead Park	5 South Park Street											•	•	•			•		
Center Creek Park	1595 Wilbur May Parkway			•	•				•			•		•	•	•			
Comstock Park	1650 Carat Boulevard		•	•	•	•	•		•			•			•				
Damonte Ranch Park	1950 Steamboat Parkway		•	•	•				•			•			•	•			
Donner Party Park	4385 Loreto Lane																		
Double Diamond Park	9100 Wilbur May Parkway		•			•	•												
Evergreen Park	9555 Evergreen Drive												•		•				
Fisherman's Park I and II	495 Galetti Way			•										•	•	•	•		
Governor's Bowl Park	1498 East 7th Street		•				•												
Holcomb Historic Site	1005 Holcomb Avenue																		
Horizon View Park	9675 Wilbur May Park Way			•	•							•		•	•	•		•	
Huffaker Park and Trail	1160 East Huffacker	•	•	•	•	•	•	•	•	•			•		•	•		•	
Jamaica Park	1000 Jamaica Avenue		•	•	•	•	•			•		•			•	•			
John Champion Park	957 Kuenzli Street			•										•	•	•	•		
Liston Park	1635 Yori Avenue				•										•				
Miguel Ribera Park	3925 Neil Road	•		•	•	•			•	•	•	•			•	•			
Mira Loma Park	3000 South McCarren Blvd.	•	•	•	•	•	•	•	•	•		•			•	•		•	
Pickett Park	250 Kirman Avenue	•	•	•	•			•	•	•					•	•		•	
Reggie Road Pathway	Reggie Road											•							
Stewart Park	400 Stewart Street			•	•				•						•	•			
Wilkinson Park	1201 East Taylor Street		•		•	•	•	•							•				
Yori Park	2800 Yori Way		•	•	•	•			•			•			•	•			•
<b>SOUTHWEST</b>																			
Cauglin Crest Park	3851 Cashill Boulevard				•										•				
Crissie Caughlin Park	3415 Idlewild Drive		•	•	•				•			•		•	•	•	•		
Crystal Lake Park	1190 Country Estates Circle		•	•	•	•		•	•	•	•	•			•	•		•	
Horseman's Park	2800 Pioneer Drive												•						
Idlewild Park (three rentable shelters)	1900 Idlewild Drive	•	•	•	•		•				•	•		•	•	•	•	•	•
Ivan Sack Park	3005 Idlewild Drive			•								•			•		•		
Jack Tighe Memorial Fields	325 Burris Lane		•				•												
Manzanita Park	630 Manzanita Lane	•	•	•	•		•	•	•	•	•	•			•	•		•	
Mary Gojack Park	3100 Skyline Boulevard		•		•	•							•		•				
Moana Park and Stadium	240 Moana Lane		•		•		•								•				
Newlands Park	700 California Avenue				•										•				
Plumas Park & Gym	475 Monroe Street		•			•			•										
Reno Tennis Center	2601 Plumas Street		•					•											
Robinhood Park	800 Robinhood Drive			•	•				•						•	•			
Schiappacasse Park	3945 Riverhaven Drive													•			•		
Summit Ridge Park	4560 Summit Ridge Drive		•	•	•				•	•		•			•	•		•	•
Village Green	4785 Caughlin Parkway		•	•	•		•	•		•	•	•			•	•			
Virginia Lake Park (dog park)	1980 Lakeside Drive	•	•	•	•							•			•	•	•	•	
Wheatland Park	990 Wheatland Road		•	•	•					•	•	•			•	•			•

• Seasonal restrooms, open late April - early October (weather permitting)



		Rentable Shelters	Restrooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Court	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbecue	Lake/Pond/River	Exercise Court	Water Play Toys
<b>DOWNTOWN</b>																			
Barbara Bennet Park	400 Island Avenue		•		•			•	•						•		•		
Bicentennial Park	10 Ralston Street											•			•		•		
City Plaza	10 North Virginia													•	•		•		
City Center Plaza	4th & Center Street														•				
Fulton Corner	1st Street & Arlington Ave.													•			•		
Powning Veterans Memorial Park	150 South Virginia Street														•				
Truckee River Whitewater Park	1st Street & Arlington Ave.																•		
West Street Plaza	220 West 1st Street														•		•		
Wingfield Park	2 South Arlington Ave.										•						•		
<b>NORTH VALLEYS</b>																			
Dorothy McAlinden Park	12000 Mt. Charleston		•	•	•					•	•	•			•	•			
Mayors Park & Fields	12000 Mt. Charleston						•												
Panther Valley Park	850 Link Lane		•	•	•	•			•			•			•	•		•	•
Raleigh Heights Park	825 Burgess Place		•	•	•	•			•						•	•			
Silver Lake Park	8755 Red Baron Blvd.	•	•	•	•		•		•	•		•			•	•			•
<b>NORTHEAST</b>																			
Dick Taylor Memorial Park	1140 Beech Street	•	•	•	•	•	•	•	•			•			•	•			
Eighth Street Parkway	455 East 8th Street											•			•				
Evans Park	200 East 9th Street		•							•					•				
Melody Lane Park	2370 Scottsdale Road			•	•							•			•	•			
Pat Baker Park	1910 Bishop Street	•	•	•	•				•						•	•			
Rotary Centennial Park	1265 Hillboro Street			•	•				•						•	•			
Sage Street Park	790 Sage Street			•	•										•	•			
Sterling Village Tot Lot	760 Winston Drive			•	•										•	•			
Teglia's Paradise Park (two rentable shelters)	2745 Elementary Drive	•	•	•	•							•			•	•	•	•	
Traner Pool	1700 Carville Drive														•				•
University Ridge Park	990 South University Loop		•	•	•				•			•			•	•		•	
<b>NORTHWEST</b>																			
Canyon Creek Park	1485 Robb Drive	•	•	•	•				•	•	•	•			•	•		•	
Hilltop Park	3950 Buckingham Square Blvd.		•	•	•		•								•	•			
Irving Circle Park	85 Irving Park Circle																		
Lake Park	40 Coleman Drive				•							•			•		•		
Las Brisas Park	5950 Las Brisas Drive	•	•	•	•				•			•			•	•			•
Lunsford Park	Riverside Drive at Washington Street														•				
McKinley Park	925 Riverside Drive														•				
Northgate Park	6450 Moonridge Terrance	•	•	•	•										•	•			
Northwest Park	2775 Apollo Way		•		•	•	•	•				•							
Oxbow Nature Study Area	3100 Dickerson Road		•										•		•		•		
Peavine Fields	825 Wyoming Avenue		•				•												
Rainbow Ridge Park	1355 Rainbow Ridge Road		•	•	•				•			•	•		•	•			
Reno Sports Complex	2975 North Virginia Street		•				•								•				
Riverside Drive Park	650 Riverside Drive											•			•		•		
Seminary Park	1101 Sierra Street														•				
Sky Country Park	3290 Snake River Drive				•					•	•	•			•	•			
Somersett East Park	1900 Park Hollow Court		•	•	•				•						•				
Terrance Sports Complex	2525 Robb Drive		•	•	•	•	•						•		•	•			
Valley Wood Park	6555 Valley Wood Drive		•	•	•				•			•	•		•	•			
Whitaker Park (dog park)	550 University Terrance	•	•	•	•			•		•		•			•	•			

# SHELTER & FACILITY RENTALS

Each shelter can accommodate 50 to 200 people and they come with picnic tables and a barbecue. Please note that these amenities are not reserved as part of a picnic shelter permit. Playgrounds, tennis, volleyball and basketball courts, horseshoe pits, skate parks are normally open to the public at large. A beer and wine permit is required (\$50) if these beverages will be consumed at your event. For more information, visit **Reno.gov** or call 334-3888.

## RENTAL HOURS - 10:00am - 6:00pm

Canyon Creek Park	1485 Robb Dr.	50	\$85
*Comstock Park	1650 Carat Dr.	50	\$85
*Dick Taylor Memorial Park	1140 Beech St.	100	\$100
Huffaker Park	1160 E Huffaker Ln.	50	\$85
Idlewild Park – Rose Garden	1805 Idlewild Dr.	100	\$85/2hrs
*Idlewild Park - Snowflake	1805 Idlewild Dr.	200	\$100
*Idlewild Park - Tr.	1805 Idlewild Dr.	200	\$120
Las Brisas Park	5950 Las Brisas	100	\$100
*Manzanita Park	630 Manzanita Ln.	100	\$100
*Miguel Ribera Park	3925 Neil Rd.	200	\$120
*Mira Loma Park	3000 S. McCarran Blvd.	200	\$120
Northgate Park	6450 Moonridge Tr.	50	\$85
*Paradise Park - Pavilion	2725 Elementary Dr.	50	\$85
Paradise Park - Shelter	2725 Elementary Dr.	200	\$120
Pat Baker Park	1910 Bishop St.	50	\$85
*Pickett Park	250 Kirman Ave.	100	\$100
Silver Lake Park	8855 Red Baron Blvd.	50	\$85
Virginia Lake Park	1980 Lakeside Dr.	100	\$100
Whitaker Park	550 University Tr.	100	\$100
*bounce houses are permitted - on paved or hard surfaces			

its unique ornate design boasts two gallery spaces, arts and crafts workshops and provides rented office space for local nonprofit arts organizations. It occupies an important place within the Truckee River Arts and Culture district and an auditorium and boardroom are available for rental by tenants and outside cultural groups. Includes: Use of auditorium, stage, restrooms, foyer, 6' rectangular tables, 5' round tables, chairs, kitchen and courtyard.

## Rental Fees

Auditorium (rehearsal)	\$50/hr.
Auditorium (performance)	\$75/hr.
Auditorium (other use)	\$100/hr.
Boardroom	\$50/hr.

## Wedding/Party Package

\$800 for eight hours - Includes auditorium, stage, rest rooms, foyer, kitchen and courtyard.



## NEIL ROAD RECREATION CENTER

3925 Neil Road - 689-8484



The Center is located in a campus-like setting with other facilities. The park shelter at Miguel Ribera Park can be rented in conjunction with the building for an additional fee. Includes: 6' tables and folding chairs for indoor use.

Area	Capacity	Rates
Gym - Full Court	350	\$45/hr
Gym - Half Court	175	\$30/hr
Small Meeting Rooms	20	\$10/hr
Large Meeting Room	40	\$20/hr
Stage Area	100	\$30/hr
Stage and Gym	450	\$75/hr
Stage, Meeting Rooms and Gym	550	\$95/hr



## MCKINLEY ARTS AND CULTURE

925 Riverside Drive - 334-2417



The former McKinley Park School was constructed in 1910 and renovated in 1999. This historic building with





## CALIFORNIA BUILDING

75 Cowan Drive - 334-2417



The Spanish-style architecture, reminiscent of the early California missions, distinguishes this popular facility which hosts numerous cultural and special events throughout the year. Includes: Use of entire facility, kitchen, restrooms, 6' rectangular tables, 5' round tables, chairs, alcohol permit and patio. *\*Required \$1,000 refundable security deposit.*

Area	Capacity	Rates
California Building	250	\$75/hr
Patio	100	\$100/day
Rose Garden	\$85 for two hours	

### Wedding Package

Eight hours for \$700 and \$75 for each additional hour



## PLUMAS GYM

475 Monroe street - 334-2262



Includes: Hardwood court for basketball (six hoops) or volleyball, with bleacher seating. Tables and chairs are not available in the gym. Food and drink are not allowed in the gym.

Area	Capacity	Rates
Gym	350	\$45/hr
Meeting Room	20	\$10/hr
<b>Quarterly Rental Discounts</b> Gym and Meeting Rooms		
10-24 uses/quarter - 10% discount		
25-49 uses/quarter - 15% discount		
50+ uses/quarter - 20% discount		



## EVELYN MOUNT NORTHEAST COMMUNITY CENTER

1301 Valley Road - 334-2262



A 40,000 square-foot-facility that includes rental rooms, an indoor pool, a fitness center and cardio room, as well as a gymnasium. The rental rooms are ideal spaces for meetings of any size and for family events. Includes: 6' tables and folding chairs for indoor use.

Area	Capacity	Rates
Gym	300	\$45/hr
Small Meeting Room	20	\$10/hr
Large Meeting Room	30	\$20/hr
Dance Room	30	\$30/hr
Tuscarora	80	\$30/hr
Pool	100	\$60/hr



## WEST STREET MARKET

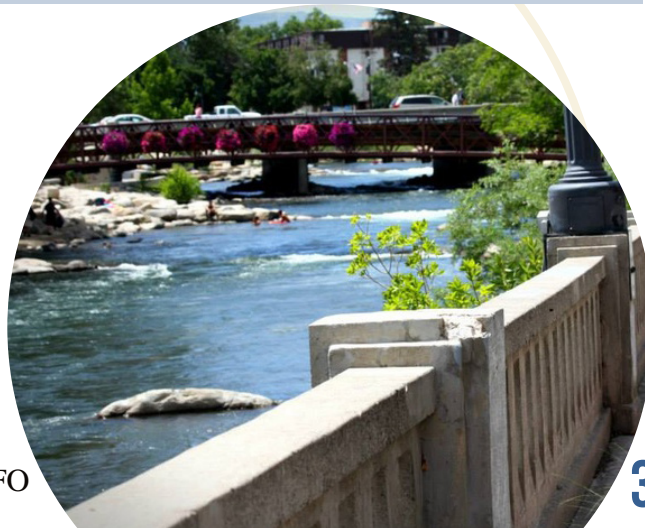
148 West street - 334-2414



West Street Market is a unique gathering place centered around food, friends, shopping and entertainment. This urban market with eco-friendly themes is more than just fresh, delicious food! For rental info call 334-2414.

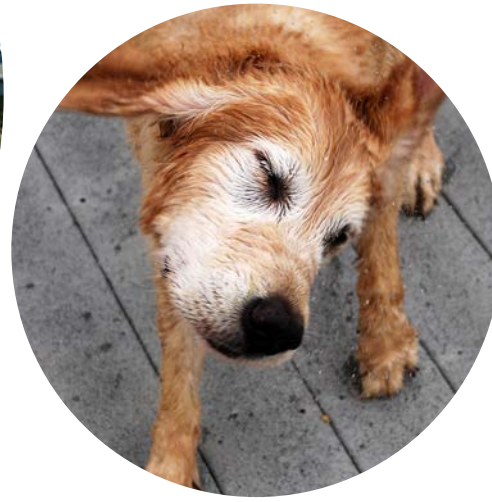
Includes: Alcohol and sound permit.

**\$150 for eight hours**





# SHELTER & FACILITY RENTALS



## HORSEMAN'S PARK CLUBHOUSE

2800 Pioneer Drive - 334-2417



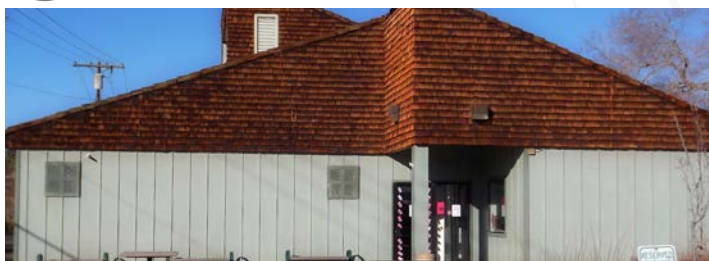
The western-themed clubhouse is a perfect setting for small meetings and group gatherings. It is adjacent to Horseman's Park. Equestrian groups, through historic and deeded priority scheduling, coordinate a wide range of horse-oriented activities at this facility. Includes: 5' round tables, 6' tables and 80 chairs for indoor use.

Area	Capacity	Rates
Club House	85	\$45/hr



## TEGLIA'S PARADISE PARK ACTIVITY CENTER

2745 Elementary Drive - 356-3176



Situated in a relaxing and tranquil area near the Paradise Park Pond, this facility has acres of open space, a

community garden, play areas and walking trails. Includes: A kitchen and a large multi-purpose room with 5' round tables, 6' tables, and 100 folding chairs for indoor use.

Area	Capacity	Rates
Building	85	\$45/hr



## SOUTHSIDE CULTURAL CENTER AUDITORIUM

190 East Liberty street - 334-2417



The former Southside School includes an auditorium on the second level. The auditorium is available for rehearsals, performances, lectures, concerts and special events. Includes: 5' round tables, 6' rectangular tables and 80 chairs for indoor use.

Area	Capacity	Rates
Auditorium (Rehearsal)	150	\$50/hr
Auditorium (Performance)	150	\$75/hr



A stylized illustration of a woman with dark skin and her hair in a bun. She is wearing a pink short-sleeved top, a blue pleated skirt, and red high-heeled shoes. She is carrying a large brown paper shopping bag filled with groceries like carrots and bread, a blue shoulder bag, and a red rolling suitcase. She is holding a black smartphone in her right hand. The background is a light blue with a pattern of small white dots.

*Introducing*  
your all-new resource  
*for* A SIMPLER DAY.

A graphic of a white button with rounded corners and a grey border. The text "RENO.gov" is written in a bold, gold, serif font. A white hand cursor with a black outline is pointing at the bottom right corner of the button.

**RENO.gov**

BEFORE YOU DASH OFF TO  
STORES, SCHOOLS, SOCCER  
FIELDS AND THE OFFICE,  
PUT YOUR FINGER TO WORK  
AND VISIT AN ALL-NEW SITE  
FILLED WITH INFORMATION ON  
EVERYTHING FROM ARTS TO  
YOUTH SPORTS. IT'LL TAKE A  
LOAD OFF YOUR MIND, AS WELL  
AS YOUR SHOULDERS.

THE  
MOMINATOR  
FULL SCHEDULE,  
FULL HANDS



THE BIGGEST LITTLE CITY IN THE WORLD

# SPECIAL EVENTS



## RENO RIVER FESTIVAL

May 10 - 11

It is one of the premier outdoor adventure events and takes place in the heart of downtown Reno at the Truckee River Whitewater Park. Paddle sport whitewater competitions, yoga in the park, live entertainment, unique vendors and children's activities make this event a highly anticipated kick-off to the special events season.



## STREET VIBRATIONS

June 6 - 8 and September 24 - 28

It's time to liberate your Harley and enjoy a weekend of motorcycle fun! There will be live entertainment, bike games, competition ride-in shows, poker runs and walks, vendor booths, VIP motorcycle participant parties and more.



## RENO RODEO

June 19 - 28

It's the "wildest, richest rodeo in the west!" with 10 nights of the best rodeo competition in the country, featuring over 750 professional athletes. Enjoy all of the fan favorites, including two world-class team roping events, professional bull riding, steer wrestling, barrel racing and bronc riding. The exciting western action features an authentic cattle drive, parade, Double R Marketplace for western shopping, food, carnival and Mutton Bustin'.



## BBQ, BREWS & BLUES

June 20 - 21

Fire up the grills, tap the kegs and crank up the tunes for Reno's best summer kick-off party! starring more than 40 microbreweries from around the world-with over 100 specialty beers to sample -- downtown Reno will rock with live blues on two outdoor stages and food booths serving savory dishes.



## ARTOWN

July 1 - August 1

Diverse, unique, powerful, innovative. These adjectives describe a festival that offers over 500 multi-disciplinary events of live music, dance, theater, visual arts, workshops,

multicultural events and tours; the majority of which are free. The National Endowment for the Arts has called Artown one of the most comprehensive arts festivals in the country.



## HOT AUGUST NIGHTS

July 29 - August 3

It's the largest classic car and nostalgic event in the country. Restored hot rods and sexy muscle cars give enthusiasts a first-hand experience of popular decades of the past. Show-n-shines, ride and drives, nightly cruises, demolition derbies, a prom, drag races and a sock hop are a few of the "cool" activities featured. Some of the best and most memorable performers from the 50s, 60s and 70s provide headline entertainment.



## SENIOR SUMMER GAMES

August 4 - 10

The Reno-Tahoe Senior Games is a program dedicated to promoting and implementing fitness programs and activities for people 50 and older. The games offer participants individual and team competitions. Participants compete within age groups to win gold, silver and bronze medals. Summer events include archery, Baggo, badminton, swimming, track and field and so much more! Please call Alan Roney at 657-4644 to have a registration packet mailed to you or visit Neil Road Recreation Center, Evelyn Mount Northeast Community Center or Teglia's Paradise Park Activity Center. The games are sponsored by the City of Reno Senior Citizen Advisory Committee and Senior Care Plus.



## RENO GAY PRIDE FESTIVAL

August 16

The 18<sup>th</sup> annual festival is the largest gathering of LGBT people in northern Nevada. Under cool shade trees along the Truckee River, enjoy a full day of live performances and entertainment, shopping with unique vendors and sample a wide variety of food.



## SHAPE UP RENO

All summer long

Shape Up Reno is a free fitness series offered by the City of Reno and local partners. Fitness sessions last one hour. Please call 334-2262 for more information.





## RENO 10 MILER AND RELAY

August 17

Races are becoming the hottest new distance and this run has a spectacular course that shows off many of the landmarks, scenic landscapes and historical neighborhoods of Reno. Run the entire 10 miles or compete as a relay team.



## THE GREAT RENO BALLOON RACE

September 5 - 7

The world's largest free hot air ballooning event is one of Reno's most colorful and awe-inspiring events. Nearly 100 balloons, including special shapes, participate in this family-friendly event. The trademark Dawn Patrol and Glow Show provide an amazing spectacle as balloons glow and twinkle against the pre-dawn sky. Spectators enjoy a wide selection of food, merchandise and crafters, as well as uplifting music to complement this celebration of flight.



## NATIONAL CHAMPIONSHIP AIR RACES

September 10 - 14

The longest-running air race in the world and the only closed course pylon racing event. Six different race plane classes battle just 60 feet from the ground, with the unlimited and jet classes reaching speeds over 500 mph! Besides the on-your-feet action of the races, spectators have close-up access to racing aircraft, pilots and crews in the "pits." There's a world-class air show, military display and demonstrations, aircraft display and great concessions. Experience the action of the "world's fastest motorsport!"



## ELDORADO GREAT ITALIAN FESTIVAL

October 11 - 12

The sights, sounds and tastes of Italy are transported to downtown Reno. This 33<sup>rd</sup> annual celebration of Italian culture and traditions features a sauce cook-off, grape stomping contest, bocce ball tournament, wine walk, Italian Mercado, farmer's market, vendors and free live entertainment.



## VETERANS DAY PARADE

November 11

The parade marches through the heart of downtown Reno and honors those who have sacrificed to protect our country. R.O.T.C. units, marching bands and flag-waving citizens turn out in force.



## SPECIAL EVENT DATES

Rastro Reno	April - September (Sundays)
Wine Walk	3rd Saturday of the month
Reno 5000 Downtown River Fun	April 13
Easter Eggstravaganza	April 19
Creative Coalition Artwalks	Last Friday of month April - November
Cinco De Mayo Festival	May 3 - 4
Feed the Camel Food Truck Rally	May 7 - October 29
Reno River Festival	May 10 - 11
Biggest Little 5K	May 17
TMCC Street Faire	May 17 - September 20 3rd Saturday
Reno Street Food	May 23 - October 3
Reno Tahoe Odyssey Run	May 30 - 31
TEDx Reno	June 6
Reno Rodeo	June 19 - 28
BBQ, Brews & Blues	June 20 - 21
Artown	July 1 - 31
Hot August Nights	July 29 - August 3
Senior Summer Games	August 4 - 10
Reno Gay Pride Festival	August 16
Reno 10 Miler and Relay	August 17
Duck Races	August 24
The Great Reno Balloon Race	September 5 - 7
National Championship Air Races	September 10 - 14
Street Vibrations	September 24 - 28
Eldorado Great Italian Festival	October 11 - 12
Veterans Day Parade	November 11



